SOLE™

THE PERFECT FOOTBED FOR YOU

Three levels of thickness means SOLE has the perfect footbed for you.
We recommend choosing the thickness of the insole based on the volume of your shoe.

THIN
No Softec cushioning

Active Thin

Active Wide Thin

Performance Thin

Cycling shoes

Cleats

Running shoes

Ski boots

Ideal for tight-fitting, low profile footwear with thin or no factory insoles such as slim-fitting dress shoes, casual shoes, slim running shoes, cycling shoes, cleats and ski boots.

MEDIUM
1.6mm Softec cushioning

Active Medium

Active Wide Medium

Active Medium w/ Met Pad

Performance Medium

Performance Wide Medium

Performance Medium w/ Met Pad

Work Medium

Lifestyle Medium

Sport Medium

Running shoes

Sneakers

Basketball shoes

Tennis shoes

Ideal for most average-volume footwear and shoes with standard factory insoles such as running shoes, sneakers, basketball shoes, tennis shoes, loafers and casual shoes.

THICK
3.2mm Softec cushioning

Active Thick

Active Wide Thick

Performance Thick

Hiking boots

Work boots

Running shoes

Winter boots

Ideal for footwear with wiggle room, thick factory insoles and a wider shape such as hiking boots, work boots, loose-fitting running shoes and winter boots.